



with Chef Charles Michael

Author
Nutrition Consultant
Culinary Chef
Healthy Cooking Guru

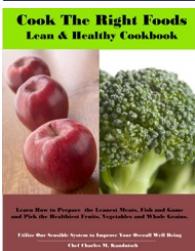
Live from The Right Studio

Price List for Books



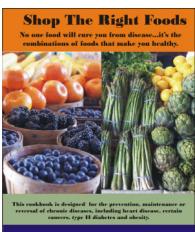
Eat The Right Foods – Nutrition and Lifestyle Book

\$34.95



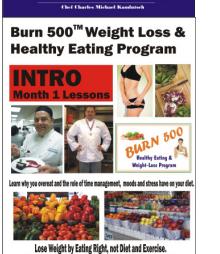
Cook The Right Foods – Lean Meat Cookbook

\$34.95

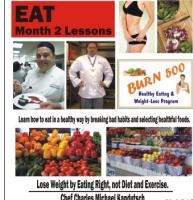


Shop The Right Foods – Super Foods Vegetable, Fruits and Gains Cookbook

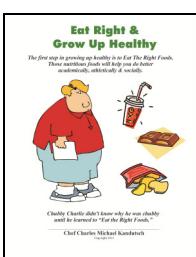
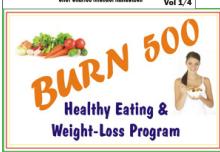
\$39.95



Burn 500™ Weight Loss & Healthy Eating Program



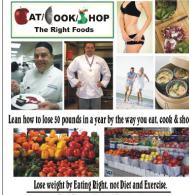
Burn 500 Healthy Eating and Weight-Loss Program Internet Based Course (112 Days)
\$99 or 4 easy payments of \$28



Teach teens the basic of why eating healthy can avoid personal and health problems later in life.

\$12.95

Burn 500™ Weight Loss & Healthy Eating Program



Learn how to lose 50 pounds in a year by the way you eat, cook & shop.
Chef Charles Michael Randolph

BURN 500™ Healthy Eating & Weight-Loss Cookbook

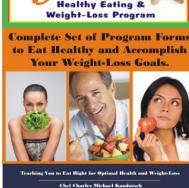


If it tastes good, you can eat it and still lose weight. If it's healthy, it's 100% better to eat it right and lose weight.

Learn the way to Eat Right for Optimal Health and Weight Loss.

Cooking You to Eat Right for Optimal Health and Weight Loss.

Chef Charles Michael Randolph

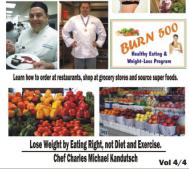


Complete Set of Program Forms to Eat Healthy and Accomplish Your Weight-Loss Goals.



Teaching You to Eat Right for Optimal Health and Weight Loss.

Chef Charles Michael Randolph



Burn 500™ Weight Loss & Healthy Eating Program

SHOP Month 4 Lessons



Learn how to order at restaurants, shop at grocery stores and source super foods.

Loose Weight by Eating Right, not Diet and Exercise.

Chef Charles Michael Randolph

Vol 3/4

Burn 500™ Weight Loss & Healthy Eating Program

EAT Month 2 Lessons



Learn how to eat in a healthy way by breaking bad habits and selecting healthy foods.

Loose Weight by Eating Right, not Diet and Exercise.

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COOK Month 3 Lessons



Learn how to cook healthy at home through food preparation & cooking techniques.

Loose Weight by Eating Right, not Diet and Exercise.

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Burn 500™ Weight Loss & Healthy Eating Program

TEACH Month 1 Lessons



Learn why you overeat and the role of emotional, mood and stress have on your diet.

Loose Weight by Eating Right, not Diet and Exercise.

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